CIPUTRA WORLD SURABAYA

+6231 3000 0200

Winter Term Schedule

19th Oct 2026 until 17th Jan 2027

SCAN FOR E-SCHEDULE



Time	Monday G	Monday 1	Monday 2	Monday 3	Monday 4	Tuesday G	Tuesday 1	Tuesday 2	Tuesday 3	Tuesday 4
08.00 - 08.30										
08.30 - 09.00										
09.00 - 09.30				Primary 5&6 5-7 yrs					Primary 5&6 5-7 yrs	LEARN&PLAY 1 6-18 mo
09.30 - 10.00										
10.00 - 10.30						Crawler 6-18 mo	Baby Dance 1-3 yrs			LEARN&PLAY 2 19-35 mo
10.30 - 11.00										
11.00 - 11.30				SMARTOLOGY 3 3-4 yrs		Jumper 24-35 mo	Baby Jam 6-18 mo		SMARTOLOGY 3 3-4 yrs	
11.30 - 12.00										
12.00 - 12.30				SMARTOLOGY 4 4-5 yrs		Walker 12-23 mo		Sports U3	SMARTOLOGY 4 4-5 yrs	
12.30 - 13.00										
13.00 - 13.30	Walker 12-23 mo	Baby Dance 1-3 yrs				U4	Baby Dance 1-3 yrs			
13.30 - 14.00										
14.00 - 14.30	Jumper 24-35 mo	Move& Groove 3-5 yrs						Sports U4/5		
14.30 - 15.00										
15.00 - 15.30	U4	Stage Studio U5-7	Sports U3			U5-7		Move& Groove 3-5 yrs		
15.30 - 16.00										
16.00 - 16.30	U5-7	H-Hop U7-18	Sports U4/5			U8-18		Stage Studio U5-7		
16.30 - 17.00										
17.00 - 17.30	U8-18					Elite				
17.30 - 18.00										
18.00 - 18.30										
18.30 - 19.00										
19.00 - 19.30										
19.30 - 20.00										

Time	Wednesday G	Wednesday 1	Wednesday 2	Wednesday 3	Wednesday 4	Thursday G	Thursday 1	Thursday 2	Thursday 3	Thursday 4
08.00 - 08.30										
08.30 - 09.00										
09.00 - 09.30				Primary 5&6 5-7 yrs					Primary 5&6 5-7 yrs	LEARN&PLAY 1 6-18 mo
09.30 - 10.00										
10.00 - 10.30	Walker 12-23 mo				LEARN&PLAY 2 19-35 mo	Crawler 6-18 mo		Baby Dance 1-3 yrs		LEARN&PLAY 2 19-35 mo
10.30 - 11.00										
11.00 - 11.30	Jumper 24-35 mo	Baby Dance 1-3 yrs		SMARTOLOGY 3 3-4 yrs		Jumper 24-35 mo		Baby Jam 6-18 mo		
11.30 - 12.00										
12.00 - 12.30		Baby Dance 1-3 yrs		SMARTOLOGY 4 4-5 yrs		Walker 12-23 mo	Baby 2-3 yrs	Sports U3	SMARTOLOGY 4 4-5 yrs	
12.30 - 13.00										
13.00 - 13.30	U4		Sports U3			U4				
13.30 - 14.00										
14.00 - 14.30			Sports U4/5					Move& Groove 3-5 yrs		
14.30 - 15.00										
15.00 - 15.30	U5-7	Move& Groove 3-5 yrs				U5-7	P-Ballet 3-5 yrs	Sports U4/5		
15.30 - 16.00										
16.00 - 16.30	U8-18		RockFit U5-7			U8-18	Primary - Gr.1 5+ yrs	U5-9		
16.30 - 17.00										
17.00 - 17.30	Elite Parkour 7+ yrs NEW	Regular U8-18				Parkour 7+ yrs		U8-18		
17.30 - 18.00	Elite					Elite				
18.00 - 18.30										
18.30 - 19.00										
19.00 - 19.30										
19.30 - 20.00										

Time	Friday G	Friday 1	Friday 2	Friday 3	Friday 4	Saturday G	Saturday 1	Saturday 2	Saturday 3	Saturday 4
08.00 - 08.30										
08.30 - 09.00										
09.00 - 09.30				Primary 5&6 5-7 yrs						
09.30 - 10.00										
10.00 - 10.30	Walker 12-23 mo					Walker 12-23 mo				
10.30 - 11.00										
11.00 - 11.30	Jumper 24-35 mo	Baby Dance 1-3 yrs		SMARTOLOGY 3 3-4 yrs			Baby Dance 1-3 yrs			
11.30 - 12.00										
12.00 - 12.30			Sports U3	SMARTOLOGY 4 4-5 yrs		Jumper 24-35 mo		Move& Groove 3-5 yrs		
12.30 - 13.00										
13.00 - 13.30	U4					U4			Sports U3	
13.30 - 14.00										
14.00 - 14.30			Sports U4/5			U5-7	U8-18		Sports U4/5	
14.30 - 15.00										
15.00 - 15.30	U5-7		Move& Groove 3-5 yrs			U8-18	U5-9		Stage Studio U5-7	
15.30 - 16.00										
16.00 - 16.30	U8-18	Regular U5-9		Stage Studio U5-7		Parkour 7+ yrs			K-Pop U7-18	
16.30 - 17.00										
17.00 - 17.30	NEW Elite	Regular U8-18				Elite			Regular U5-18	
17.30 - 18.00										
18.00 - 18.30						Elite Parkour 7+ yrs				
18.30 - 19.00										
19.00 - 19.30										
19.30 - 20.00										

Time	Sunday G	Sunday 1	Sunday 2	Sunday 3	Sunday 4
08.00 - 08.30					
08.30 - 09.00					
09.00 - 09.30					
09.30 - 10.00					
10.00 - 10.30	Crawler 6-18 mo				
10.30 - 11.00					
11.00 - 11.30	Walker 12-23 mo	Baby 2-3 yrs			
11.30 - 12.00					
12.00 - 12.30		P-Ballet 3-5 yrs	Baby Dance 1-3 yrs		
12.30 - 13.00					
13.00 - 13.30	Jumper 24-35 mo	Regular U5-7	Move& Groove 3-5 yrs		
13.30 - 14.00					
14.00 - 14.30	U4	Primary - Gr.1 5+ yrs			
14.30 - 15.00					
15.00 - 15.30	U5-7	Regular U8-18			
15.30 - 16.00					
16.00 - 16.30	U8-18				
16.30 - 17.00					
17.00 - 17.30					
17.30 - 18.00					
18.00 - 18.30					
18.30 - 19.00					
19.00 - 19.30					
19.30 - 20.00					

INDEX:

PRESCHOOL : LEARN&PLAY 1 | LEARN&PLAY 2 | SMARTOLOGY 3 | SMARTOLOGY 4

KINDERGARTEN : Primary 5 | Primary 6

Gymnastics | Cheerleading | Ballet | Contemporary Dance | Broadway | Dance | Taekwondo | Elite : up to 90 min class

FOR PRESCHOOL & KINDERGARTEN CLASSES ARE AN ADDITIONAL FEE. PLEASE CONTACT STUDENT ADVISOR!

CIPUTRA WORLD SURABAYA

+6231 3000 0200

Winter Term Schedule

19th Oct 2026 until 17th Jan 2027

SCAN FOR E-SCHEDULE

ROCKSTAR ACADEMY

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong	Studio 5	Sports	Tennis	PingPong
08.00 - 08.30	Enjoy FREE PLAY! Available in Sports Court whenever there are no classes or Private Instructios scheduled!																						Adult19+ MATCH PLAY					
08.30 - 09.00																												
09.00 - 09.30					PERFORMING ARTS Preschool & KINDERGARTEN BASKETBALL FUTSAL ADULT19+ Elite CHAMPIONSHIPS GIMNASTICS BABY GYM PARKOUR TENNIS PINGPONG PICKLEBALL																									
09.30 - 10.00																												
10.00 - 10.30																											Adult19+ & LADDER PLAY	
10.30 - 11.00																												
11.00 - 11.30																						Elite U5-12				Elite U8-18		
11.30 - 12.00																												
12.00 - 12.30																												
12.30 - 13.00																												
13.00 - 13.30																						U5-7		U5-7		U5-7		
13.30 - 14.00																					Elite 6+ yrs							
14.00 - 14.30		U5-7				U5-7				U5-7				U5-7					3-6 yrs			U9-18	3-6 yrs	U8-18		U8-18	3-6 yrs
14.30 - 15.00																												
15.00 - 15.30		U5-7	3-6 yrs		Martial Arts 4-7 yrs					U5-7				U5-7				U5-7			Muay Thai 5+yrs	U5-7	7+ yrs			U9-18		
15.30 - 16.00																												
16.00 - 16.30		U8-18	7+ yrs		Muay Thai 5+yrs	U5-7	3-6 yrs			U8-18	3-6 yrs	U5-7	Tkd. 5+ yrs		3-6 yrs			U5-7	7+ yrs		Martial Arts 4-7 yrs	U8-18				U5-7		
16.30 - 17.00																												
17.00 - 17.30		Elite U5-12			Tkd. 5+ yrs	U8-18				Elite U5-12	7+ yrs	U8-18	Martial Arts 4-7 yrs	U8-18				U9-18		U8-18		Elite U5-9	7+ yrs			Elite U9-18	7+ yrs	
17.30 - 18.00																												
18.00 - 18.30			Adult19+ & LADDER PLAY			Elite U5-9	7+ yrs			7+ yrs				Elite U8-18	7+ yrs			U8-18									Adult19+ & LADDER PLAY	
18.30 - 19.00																												
19.00 - 19.30									Adult19+ & LADDER PLAY								Adult19+ & LADDER PLAY											
19.30 - 20.00																												
20.00 - 20.30																												
20.30 - 21.00																												
21.00 - 21.30																												

INDEX: Basketball | Futsal | Tennis | Pickleball | Ping Pong | Elite : up to 90 min class

NEW PROGRAM CLASSIFICATION & PROGRESSION

6-6 MO YRS EARLY CHILDHOOD EDUCATION

NEW! ACADEMIC
- PRE-PRIMARY 6 (5-7 YRS)
- PRE-PRIMARY 5 (5-6 YRS)
- SMARTOLOGY 4 (4-5 YRS)
- SMARTOLOGY 3 (3-4 YRS)
- LEARN & PLAY 2 (19-35 MO)
- LEARN & PLAY 1 (6-18 MO)

BEGINNER — ADVANCED

GYMNASTICS
- TOTS GYM U4 (36-47 MO)
- JUMPER (24-35 MO)
- WALKER (12-23 MO)
- CRAWLER (6-18 MO)

BEGINNER — ADVANCED

DANCE
- ELITEDANCE U5-8
- MOVE & GROOVE (3-5 YRS)
- BABY DANCE (1-3 YRS)
- BABY JAM (6-18 MO)

BEGINNER — ADVANCED

SWIMMING
- MOM & ME ADVANCE (5-6 YRS)
- MOM & ME INTERMEDIATE (36-47 MO)
- MOM & ME BEGINNER (6-35 MO)

BEGINNER — ADVANCED

BALLET
- ELITEBALLET U5-7
- PRE-BALLET (3-5 YRS)
- BABY BALLET (2-3 YRS)

BEGINNER — ADVANCED

NEW! TENNIS
- CHAMPIONS (3-6 YRS)
- CHALLENGERS (3-6 YRS)
- FUTURES (3-6 YRS)
- DEVELOPMENTAL (3-6 YRS)

BEGINNER — ADVANCED

MARTIAL ARTS
- INTRO TO MARTIAL ARTS U5-7

BEGINNER — ADVANCED

MULTI-SPORTS
- SPORTS U5
- SPORTS U3

BEGINNER — ADVANCED

5-18 YRS ACTIVITY CLASSES

GYMNASTICS
- ELITEGYMNASTICS L1-10
- GYMNASTICS U12-18
- GYMNASTICS U8-18
- GYMNASTICS U7-12
- KIDS GYMNASTICS U5-7

BEGINNER — ADVANCED

SWIMMING
- ELITESWIMMING
- STROKE DEVELOPMENT L1-UP

BEGINNER — ADVANCED

PARKOUR
- ELITEPARKOUR (7+ YRS)
- PARKOUR (7+ YRS)

BEGINNER — ADVANCED

BALLET
- ELITEBALLET U7-18
- BARRE 8+ / 19+ YRS
- ADVANCE
- ADVANCE FOUNDATION
- INTERMEDIATE
- INTERMEDIATE FOUNDATION
- BALLET GRADE 1-5
- ELITEBALLET U5-7
- PRIMARY BALLET (5+ YRS)

BEGINNER — ADVANCED

CHEERLEADING
- ELITECHEER U13-18
- CHEER U13-18
- ELITECHEER U8-12
- CHEER U8-12
- ELITECHEER U5-9
- CHEER U5-9

BEGINNER — ADVANCED

FUTSAL
- ELITEFUTSAL U14-18
- FUTSAL U14-18
- ELITEFUTSAL U12-16
- FUTSAL U12-16
- ELITEFUTSAL U8-12
- FUTSAL U8-12
- ELITEFUTSAL U5-7
- FUTSAL U5-7

BEGINNER — ADVANCED

BASKETBALL
- ELITEBASKETBALL GIRLS U14-18
- ELITEBASKETBALL U14-18
- BASKETBALL GIRLS U14-18
- BASKETBALL U14-18
- ELITEBASKETBALL U8-12
- BASKETBALL GIRLS U8-12
- BASKETBALL U8-12
- ELITEBASKETBALL U5-7
- BASKETBALL U5-7

BEGINNER — ADVANCED

DANCE
- ELITECONTEMPORARY U8-18
- ELITEBROADWAY U5-18
- ELITEDANCE U7-18
- ROCKJAM 8+ / 19+ YRS
- BREAK DANCE U7-18
- TRADITIONAL DANCE U7-18
- HIPHOP U7-18
- K-POP U7-18
- BELLY DANCE U7-18
- ELITEDANCE U5-8
- K-POP U5-7
- BELLY DANCE U5-7
- STAGE STUDIO U5-7

BEGINNER — ADVANCED

NEW! PICKLEBALL
- CHAMPIONS (7-18 YRS / ADULT19+)
- CHALLENGERS (7-18 YRS / ADULT19+)
- FUTURES (7-18 YRS / ADULT19+)
- DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER — ADVANCED

NEW DREAM TEAM

BASKETBALL	FUTSAL	GYMNASTICS
U10 | U12 | U14 | U16	U6 | U8 | U10 | U13	LEVEL 3-10

MARTIAL ARTS
- ELITETAEKWONDO
- TAEKWONDO WHITE-BLACK (5+ YRS)
- MIXED MARTIAL ARTS (6+ YRS)
- MUAY THAI (5+ YRS)
- POOMSAE (5+ YRS)

BEGINNER — ADVANCED

NEW! PING PONG
- PING PONG ADULT19+
- PING PONG U8-18
- PING PONG U5-7

BEGINNER — ADVANCED

ROCKFIT
- ROCKFIT U8-18
- ROCKFIT U5-7

BEGINNER — ADVANCED

NEW! TENNIS
- CHAMPIONS (7-18 YRS / ADULT19+)
- CHALLENGERS (7-18 YRS / ADULT19+)
- FUTURES (7-18 YRS / ADULT19+)
- DEVELOPMENTAL (7-18 YRS / ADULT19+)

BEGINNER — ADVANCED

Elite CLASS

- UP TO 90 MIN CLASS
- PRE-QUALIFICATION IS REQUIRED
- CHECK WITH ELITE CLASS INSTRUCTOR

CIPUTRA WORLD SURABAYA

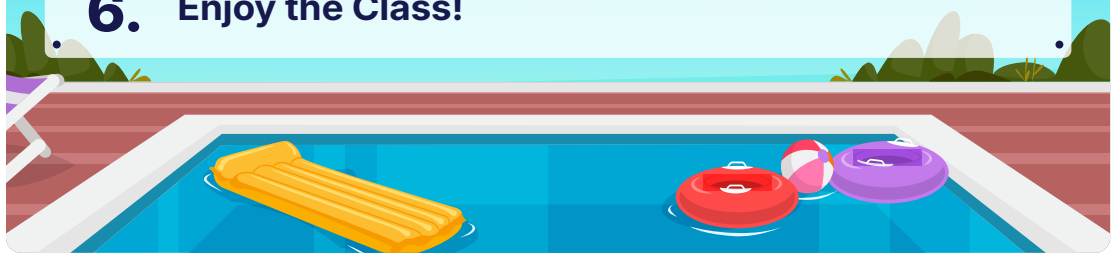
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Classes take place at the HOTEL CIPUTRA WORLD SURABAYA

SCAN FOR E-SCHEDULE

ARRIVAL & CLASS ENTRY:

1. Arrive at Hotel Ciputra World Surabaya 15 min before class at the hotel lobby on the ground floor.
2. Check in with the concierge and present your RockStar Academy ID card.
3. Take the elevator to the 22nd floor, where the swimming pool is located.
4. Tap in for your class with the assistance of the Class Assistant, who will welcome you upon arrival.
5. After class, shower at the facilities located on the same floor as the swimming pool.
6. Enjoy the Class!



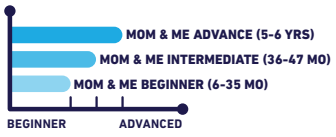
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
	Swimming Pool Ciputra Hotel	Swim Pool Ciputra Hotel	Swim Pool Ciputra Hotel	Swim Pool Ciputra Hotel	Swim Pool Ciputra Hotel		Swim Pool Ciputra Hotel	Swim Pool Ciputra Hotel
09.00 - 09.30						09.00 - 09.30		
09.30 - 10.00						09.30 - 10.00		
10.00 - 10.30						10.00 - 10.30		
10.30 - 11.00						10.30 - 11.00		
11.00 - 11.30						11.00 - 11.30		
11.30 - 12.00						11.30 - 12.00		
12.00 - 12.30						12.00 - 12.30		
12.30 - 13.00						12.30 - 13.00		
13.00 - 13.30						13.00 - 13.30		
13.30 - 14.00						13.30 - 14.00		
14.00 - 14.30						14.00 - 14.30		Swim Mom & Me L1 6-35 mo
14.30 - 15.00						14.30 - 15.00		
15.00 - 15.30						15.00 - 15.30		Swim Mom & Me L2 3-4 yrs
15.30 - 16.00						15.30 - 16.00		
16.00 - 16.30						16.00 - 16.30		Swim Mom & Me L3 5-6 yrs
16.30 - 17.00						16.30 - 17.00		
17.00 - 17.30						17.00 - 17.30		
17.30 - 18.00						17.30 - 18.00		
18.00 - 18.30						18.00 - 18.30		
18.30 - 19.00						18.30 - 19.00		

ALL ROCKSTAR ACADEMY STUDENTS ARE WELCOME TO JOIN! NO PRE-REGISTRATION REQUIRED!

PROGRAM CLASSIFICATION & PROGRESSION

6 mo - 35 yrs

SWIMMING



4 - 18 yrs

SWIMMING



SWIMMING POOL RULES

HEALTH RULES:

1. Wear appropriate swimsuit while using the swimming pool.
2. For hygiene purpose, please take a shower before entering the swimming pool.
3. In respect of all guests, we kindly ask you to keep the noise level of mobile phone and electronic devices to a minimum.
4. Don't enter the pool if you are suffering any contagious skin disease or illness.
5. Please bring your own towel.

SAFETY RULES:

1. Appropriate before swimming, the guest is in good condition and body temperature is normal.
2. Be aware of depth markings at all times. It is prohibited to engage in extreme activities including: diving, jumping, running back flipping orsomersaulting into the pool.
3. Outside food and beverages are strictly prohibited.
4. Eating and drinking inside the pool are strictly prohibited.
5. Any kind of glass is prohibited to be used in or near the pool area.
6. Please be careful when walking near or around the pool areas as the floor may be slippery.

FACILITY USAGE GUIDE:

1. Swimming pool capacity is 10 couple (mom and kid). Each child must be accompanied by an adult in the pool.
2. Reservation for pool loungers are not permitted.
3. Hotel employees have the right to advise member to discontinue any activity that does not comply with these rules & regulation.

Pool attendant is on duty in swimming pool area during the class.

CIPUTRA WORLD SURABAYA

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Winter Term Schedule

19th Oct 2026 until 17th Jan 2027

ADULT19+

SCAN FOR E-SCHEDULE

Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong	Sports	Tennis & Pickleball	Ping Pong
08.00 - 08.30																	Adult19+ MATCH PLAY				
08.30 - 09.00																					
09.00 - 09.30																					
09.30 - 10.00																					
10.00 - 10.30																				Adult19+ & LADDER PLAY	
10.30 - 11.00																					
11.00 - 11.30																					
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17.00 - 17.30																					
17.30 - 18.00																					
18.00 - 18.30		Adult19+ & LADDER PLAY																		Adult19+ & LADDER PLAY	
18.30 - 19.00																					
19.00 - 19.30								Adult19+ & LADDER PLAY						Adult19+ & LADDER PLAY							
19.30 - 20.00																					
20.00 - 20.30																					
20.30 - 21.00																					
21.00 - 21.30																					
21.30 - 22.00																					

ADULT19+ Free Trial

Parents of RockStar Students:
30 Days FREE

Guests & New Members:
7 Days FREE

ADULT19+ SPORTS CLASSES — *60 min of Drills and Technique training, followed by Ladder Play.*

LADDER PLAY — *Fast-paced 60-minute match play where the winning/losing team moves up/down the ladder.*

MATCH PLAY — *Longer match play where the winning/losing team moves up/down the ladder. Bring your friend/colleague.*

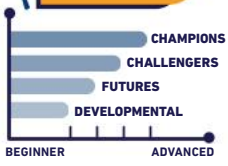
MATCH PLAY — *60 Minute match play focusing on Technique, and Teamwork - ideal prep for the next Elite Championships*

INDEX: Pickleball | Ping Pong

NEW PROGRAM CLASSIFICATION & PROGRESSION

ADULT19+

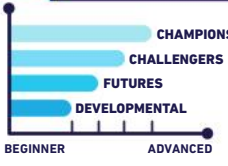
TENNIS



PICKLEBALL

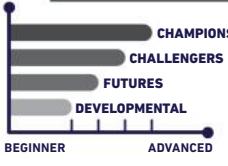


SWIMMING

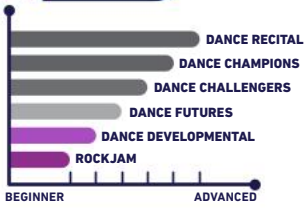


GYMNASTICS

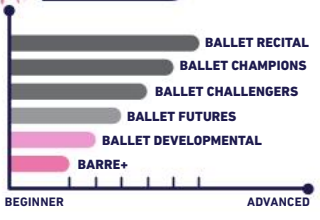
COMING SOON



DANCE



BALLET



BASKETBALL



FUTSAL



PING PONG



Tennis
Fun racquet sport with elements of skill, strategy, & athleticism.
Burn calories, improve fitness, enjoy friendly competition & have fun!

Pickleball
Dynamic paddle sport with elements of Tennis, Badminton & Ping pong.
Connect with other members & enjoy friendly matches.

Barre+
Unique & dynamic workout with elements of Ballet, Pilates & Strength training! Elevate your fitness routine & have fun!

RockJam
High-energy workout with elements of Zumba, PoundFit & Cardio.
Tone your muscles & prepare your body for dance leveling program.

Skills Leveling:

CHAMPIONS Advance Level

CHALLENGERS Intermediate Level

FUTURES Beginner Level

DEVELOPMENTAL Introductory Level

Events & Competitions:

Elite CHAMPIONSHIPS

Termly Competition where teams of equal skill divisions compete against each other.

Dance Recital | **Ballet & Contemporary Recital**

An Annual stage showcase featuring variety of arts performed in front of an audience.

Ballet & Dance Leveling:

Developmental	*: Introduction level will help to discover your passion and potential.*
Futures	*: Learn fundamentals & build a strong foundation.*
Challengers	*: Elevate your skills, refined techniques & challenge yourself.*
Champions	*: Embark on a journey of artistry, mastering complex choreography & routines.*
Recital Adult19+	*: Recital is a celebration of movement, creativity & dedication, where you will share your passion with friends & family.*

Sports Team's Divisions:

Champions	*: Engage in high-intensity gameplay, strategic maneuvers & advanced techniques.*
Challengers	*: Sharpen your skills, explore new tactics & enjoy friendly competitions.*
Futures	*: Dive into the game basics, build a strong foundation & be part of developmental team.*
Developmental	*: Introduction level will help you ease into the game, discovering your passion and potential.*